Diabetes New Zealand is a Charitable Trustthat represents and supports people with diabetes. We've been around for over 50 years and have a National Office in Wellington, and branches across the country with staff and volunteers who help people live well with diabetes.

OUR MISSION

All people living in New Zealand who are affected by, or at risk of, diabetes have access to the appropriate tools, information and support essential for their health and wellbeing.

Diabetes is a chronic disease that occurs when the pancreas is no longer able to make insulin, or when the body cannot make good use of the insulin it produces. Insulin is a hormone made by the pancreas, that acts like a key to let glucose from the food we eat pass from the blood stream into the cells in the body to produce energy. All carbohydrate foods are broken down into glucose in the blood. Insulin helps glucose get into the cells. Not being able to produce insulin or use it effectively leads to raised glucose levels in the blood (known as hyperglycaemia). Over the long-term high glucose levels are associated with damage to the body and failure of various organs and tissues.

Details

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Website

www.diabetes.org.nz