

Psychotherapist/Counsellor

I am a Registered Psychotherapist with both an adult and a specialised child, adolescent & family scope of practice. This is because I have a Postgraduate qualification in Child & Adolescent Psychotherapy.

I work across the Central Lakes region consulting in Queenstown, Cromwell and Wanaka. When I meet with a new client it is important to start our work by establishing a warm and supportive relationship. By reaching an understanding of your concerns and difficulties it means that your goals and a treatment plan can be established.

Details

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