Child-centred play therapy services are available for children aged 2.5 years to 12 years and counselling and psychotherapy services are available for adults.

If your child is experiencing behavioural or emotional difficulties, child-centred play therapy can support them to gain resilience and peace through developing awareness, insight, problem-solving and coping skills.

Details

- Email: playtherapyotago@gmail.com
- Phone: 0277882315

Website

www.playtherapyotago.nz/