Uruuruwhenua Health is focused on Māori health but is open to all members of the Central Otago community. Our key objective is to ensure existing health professionals and social services/agencies are coordinated and that Māori are assisted to better utilise the services that are available.

We assist whānau in working towards healthier lifestyles, promoting and understanding of the Whare Tapa Wha Health model in terms of tinana (physical wellbeing), wairua (spiritual wellbeing), hinengaro (mental wellbeing) and whānau (family wellbeing).

- Individual and whānau health plans
- Shearing Hauora clinics
- Maara Kai
- Drug and alcohol
- Mental health
- Auahi Kore support services.

Details

- Email: info@uruuruwhenuahealth.co.nz
- Phone: 0272021515
- Address: 90B Centennial Avenue Alexandra

Website

www.healthpoint.co.nz/community-health-services/community-health/uruuruwhenua-health-community-health-services/